

# Psalm 1 – Blessed

## Psalms Series

### God’s Playlist for our Lives

#### Everybody needs a good playlist!

A) Are there any music lovers in the house? – You are not in this house – preaching to an empty room – (Audio visual team)

B) You know what I mean – rephrase – Any music lovers in your house – hands

C) I am not musical at all – Can’t sing or play- but I love music and I love making playlist

1) So cool we can have our music on our phones

#### I have a playlist for working out – Gym Crunch fitness in Vista

A) I have a playlist for when I study – upbeat classical or instrumental music

B) I have my favorite – Worship playlist – different worship styles

1) Styles and genres for whatever mood

C) I have a playlist for long drives in the car.

1) Playlist are fun

#### Do you know that God has a playlist for our lives!

A) Called the book of Psalms – The Hebrew word for Psalm means melody or praise

#### B) What we have in the book of Psalms are 150 songs that God ordained to be penned for us to sing and to learn from.

C) Songs that express our praise to God – songs that tell us about God

1) Songs that tell us about our lives. Songs for various seasons and times

D) Songs of lament and grief, songs of praise, songs of direction, songs of declaration,

1) songs of wisdom, songs of joy

#### This collection forms God’s playlist for our lives –

A) Over the next 15 or so weeks – study many of them

B) Today we are starting at the Beginning. Psalm 1

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful;

2 But his delight is in the law of the Lord, And in His law he meditates day and night.

3 He shall be like a tree Planted by the rivers of water,

That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

4 The ungodly are not so, But are like the chaff which the wind drives away. 5 Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous. 6 For the Lord knows the way of the righteous, But the way of the ungodly shall perish. **-PRAY**

#### Psalm 1 is among the best known, for it stands as a magnificent gateway to this extraordinary ancient collection of Hebrew songs

A) The psalms have been classified in a variety of types or genres,

AA) **THERE** about seven of them, and one of them is **“wisdom psalm,”** which is what this is.

B) Psalm 1 has been called the father of all the wisdom psalms. It portrays the way the wise man chooses.

1) Psalm 1 is a practical psalm. It introduces us to the way in which we may find happiness and fulfillment in life.

C) It comes through our delight and meditation in the word of Good.

#### Psalm 1 also introduces us to the idea that there are two ways to live, two roads to choose.

A) It presents for us a contrast between the Godly man/woman and the ungodly man or woman.

B) Start with the Godly man Note 3 things V.1-3 –

- The Godly man’s path/
- The Godly man’s Pleasure/
- The ..... Prosperity

#### C) **START - The Godly man’s path**

- He is separated from the World

The Psalmist – begins with the word blessed –

**Oh how happy – fulfilled – satisfied and sustained is the idea behind that word**

## **His path**

A)He Does **Not Listen** to the Ungodly Man!)  
He walks not in the counsel of the ungodly,

B)We live in the digital age, Constant brain stimulation –

1)Constantly inundated by information and voices

C)The Average adult consumes about 5x more info per day than our counter parts 50 years ago

**One study revealed that the average adult spends – 50-60 days per year on their screens**

A)During this pandemic – up 40% or more for many people – One guys his was up 700%

B)The rise in the digital age has opened us up to constant information

1)As well as constant opinions – how we should live our lives

C)The rise of the digital age – and the constant information –

1)has made many of us much more vocal in sharing our opinions about things

**NOTE: THE GODLY MAN/ WOMAN does not walk in the counsel of the ungodly**

A)Godly people are not going to allow their worldview about life, priorities, morality to be shaped by ungodly sources

B)The Godly person filters all of the opinions by the word of God.

C)Not listening to the ungodly – not walking in their counsel

**D)Question how often are you seeking advice from someone who is not following God? –**

1)That is Ungodly counsel

E)More often than not that counsel is not going to line up with God's heart –

1)Or God's will and God's way – found in scripture.

**So the first thing we note about The Path of the Godly –**

A)He does not listen to the counsel of the ungodly

B)#2 He Does Not **Linger** with the Sinful Man  
“Blessed is the man who does not... stand in the path of sinners.”

C)There is nothing wrong with being friends with people who do not know Jesus..

**Jesus himself made friends with all kinds of people.**

A)If we are going to fulfill our calling to be salt and light–

B)We have to get out of the salt shaker rub shoulders with unbelievers

C)It is the only way we will be able to permeate our society with the heart and flavor of Jesus  
1)and good news of the gospel that - Jesus came to rescue sinful men/women from the bondage of sin

D)But we have to learn to find the balance between being IN the world but not OF the world.

E)The phrase standing in the path –

1)carries the idea of lingering long to the point where we participating in sinful activities.

**Listen if you are a follower of Jesus – everyone who knows you more than just as an acquaintance should know what you stand for.**

A)When a situation or conversation suddenly gets sordid or that which is not pleasing to God – **you don't STAND THERE**

B)You quietly remove yourself from that situation or conversation

1)Say quietly – Don't scream – heathen pigs – God is going to judge you

**C)Just quietly walk away – I guarantee you – someone will later ask you why you left. –**

1)That will be your opportunity to share Jesus – convictions

D)We have to learn how to **stand up** for what we believe

1)and to **stand out** from the crowd without **standing against** those we are trying to reach.

**They called Jesus “a friend of publicans and sinners.”**

A)The worst of that society were comfortable around Jesus –

B)But he never lowered himself to their standard.  
1)He brought people up to his standard.

#### So the Godly man/woman's Path -

A)They don't listen to ungodly counsel – they are not lingering in the path with sinners

B)#3 He Does **Not Lounge** with the Scornful Man-  
**he doesn't sit in the seat of the scornful.** –

1)Scornful = the Mocker – those mock God

C)In other words the godly are not getting too comfortable in with those who have no regard for God in their hearts or actions.

#### We see an example of Lot who got too comfortable amongst the wicked – Genesis 13

A)**ABE – AND LOT** separate you choose!

B)Pitched his tent on the outskirts of Sodom –  
1)Pretty soon – moved into town –

C)Next thing we see is he is in the thick of the leadership of this wicked city.

D)Lot got too comfortable in a wicked place and lost most of his family in the process.

#### As a Pastor I can't even count the number of families I have seen get ruined by becoming too comfortable in this world

A)Marriages rocked by adultery – Kids caught up in addictions –

B)lives completely destroyed by compromise – heartbreaking

C)That is what happens when believers get too comfortable in this world

#### C)Note the Progression in backsliding in these verses - walking, standing, sitting.

1)As the company gets worse sin increases its hold.

**“When men are living in sin they go from bad to worse. At first they merely walk in the counsel of the careless and ungodly, who forget God. But after that, they become habituated to evil, and they stand in the way of open sinners who willfully**

**violate God's commandments; and if let alone, they go one step further, and become themselves pestilent teachers and tempters of others, and thus they sit in the seat of the scornful.”** CH Spurgeon

#### So that is the godly man's path –

- Not **listen** to the ungodly –
- Not **lingering** with sinners –
- Not **lounging** with those who mock God

A)**The Godly Man's Pleasure** (1:2) He Is Satisfied with the Word

B)The Word of God has Captured **His Full Affection**

**“His delight is in the law of the Lord.”**

C)The phrase the **“law of the Lord** – doesn't just refer to the 10 commandments or the law of Moses

1)But really it speaks of the entirety of God's word

#### The word delight carries the idea – desire and purpose and pursuit –

A)Because he delights in God's word – he desires it – he pursues it

B)One of the things I love about studying the Bible is the more that you do it – appetite for it grows

**C)Especially when it Purposed Bible study – (KNOW JESUS)** results in a bigger appetite

D)You never get full you get more hungry

E)And Discovering the heart of God in the word – becomes your pleasure – your delight – just can't get enough

F)God is SO AWESOME – BOTTOMLESS TREASURE CHEST

#### So it is with the Godly man -The Word of God has Captured His Full Affection

A)#2 **The Word of God has Claimed His Full Attention** And in His law he meditates day and night.

B)Meditate – Cow chews the cud – video  
1)Mouth closed

C)Chews and swallows and brings it up again

## Meditate – keep coming back to it

A) JOURNAL – PHONE – IPAD

B) That is how Get into God's word but I also want to get it into me –

1) 18 inches brain to my heart -

C) The Godly man's Path – and Pleasure – Delights and mediates - THE RESULT

## The Godly Man's Prosperity (1:3) He Is Situated by the Waters

A) The Psalmist notes 3 things which mark the life of the man who is situated by the river.

B) His Prominence: he is like “a tree.”

## Trees are tall and sturdy – Not like the grass that is easily mowed down

A) Or the flower of the field that the wind blows away.

B) Like a tree, the godly person is alive, beautiful, fruitful, useful, and enduring.

## His Position he is like a tree “planted by the rivers of water

A) The most important part of a tree is the hidden root system that draws up water and nourishment,

B) and the most important part of the believer's life is the “spiritual root system” that draws on the hidden resources we have in Christ.

## C) In the symbolism of Scripture, water for cleansing invariably represents the Word of God;

1) water for drinking symbolizes the Spirit of God.

D) Meditation in Scripture releases the river of God's Spirit so that our lives are refreshed and revitalized.

## So HE is like a tree planted by the rivers of water – roots going into Jesus

A) **His Productivity:** he “brings forth fruit in its season Whose leaf also shall not wither; And whatever he does shall prosper.

B) The droughts which bring bleakness and barrenness to others do not affect him.

1) He has an unfailing source of life.

C) The land about might be quite dry and barren. The winds might be hot.

D) But if the tree is planted by the stream, so that it can sink its roots down and draw nourishment, it will prosper and yield fruit.

1) This is the case of the godly man/woman

D) It is all the result of where they are planted!

## Question – How are you doing during this difficult time? Floundering or flourishing?

A) The climate of the world is becoming more and more hot and barren during this pandemic –

B) **temperatures are rising** -What is happening in your heart – your life?

1) It will all depend on where you are planted – who you are listening to

## C) If you are planted in God's word – Allowing God's spirit to minister to you –

1) You will be - REFRESHED AND RENEWED

D) HAVE THE MIND OF CHRIST IN THIS TIME

## But if you are planted anywhere else –

A) Your life is not going to be getting the nourishment you need to make it through

B) You will become withered weakened and barren

C) So first we have the Godly man/woman

1) NEXT COMES THE CONTRAST

## II. The Godless Man (1:4–6)

4 The ungodly are not so, In the Septuagint version it is a double negative and reads this way -“Not so the ungodly, not so.” But are like the chaff which the wind drives away.

## He is unstable– opposite of planted

A) In contrast with the towering tree, with its roots deep in the soil, nourished by a perennial stream,

B) the ungodly is likened to “the chaff which the wind drives away.”

C) The picture here is of a threshing floor at the time of the grain harvest.

**D)Take the wheat and the chaff – throw it into the air - - wheat would fall to the ground –**

**1)Chaff – blow away**

**The ungodly are like Chaff – no stability – they are just driven by the wind**

**A)The chaff was burned up - This pictures the futile, empty, life of the godless.**

**B)The unsaved man is at the mercy of forces he does not see and which he cannot control.**

**C)He is like a ship with its engines broken, its steering out of order,**

**1)caught in the grip of a strong wind and is being driven toward the jagged rocks at shore**

**Satan is the god of this world - -**

**A)There is a strong current that most of the world is stuck in – don't even realize it –**

**B)Being pulled toward their destruction**

**C)The ungodly is like chaff – unstable – being blown this way and that way. –**

**1)The forces of this world influence and control – their destiny**

**Not only is the ungodly unstable but they are also unprepared 5Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous.**

**The ungodly has no standing in the day of judgment.**

**A)The Bible declares – appointed unto man to die once and then comes the judgment –**

**B)Everyone dies – will stand before God to answer for their lives –**

**C)for the ungodly, the unbeliever – Everything he has sought to build his life on**

**1)everything in which he has invested his time and his talents—gone!**

**D)He will find that he has nothing of which to stand on.**

**1)Everything familiar will be gone.- Every foundation is gone -**

**E)He has built his house upon the sand and the judgment of God has swept it all away.-**

**1)He is left - Completely naked**

**There is a way that seems right to a man, but in the end it leads to death (Prov. 14:12).**

**6 For the Lord knows the way of the righteous, But the way of the ungodly shall perish.**

**A)In the judgment – one question – what did you do with My Son?**

**B)The Lord knows those who are his – the knows the way of the righteous -**

**Born again?**

**A)Born once - die twice – physical and eternal Separated from God – torment – your choice**

**B)Born twice – die once – Physical death becomes a passing into everlasting life**

**C)Which playlist are you tuned into ? God's playlist for your life?**

**Your life Anchored in his word – Delighting in it Meditating on it – Result- stability tree planted**

**Blessing abundance –**

**The world's playlist – unstable – tossed by every new tune that comes out**

**Unprepared to meet God**

**Pray -**

**Before we go today – 3 next step questions**

**1. Who or what is the biggest influence right now shaping your outlook on life?**

**2. What does the balance look like for you right to be in the world but not of the world?**

**3. Name the ways that your life illustrates that you are delighting in God's word?**